BURNIE Community Connection Directory

The Burnie Community Connection Directory is designed to assist members to quickly locate important services and find ways to connect through local groups, clubs and organisations.





CONTENTS



Introduction	2
Social Activities	3
Recreational Opportunities	7
Art & Craft Activities	11
Educational Opportunities	14
Mental & Physical Health Education	16
Volunteering Opportunities	19
Local Community Supports	21
Emergency & Helpline Phone Numbers	27
Local Medical Facilities	28
Transport	29
Local Clubs / Groups	30
Charity / Thrift Outlets	31
Local Churches	32



BURNIE COMMUNITY CONNECTION DIRECTORY

The production of this Directory has been made possible by a Healthy Tasmania Grant from the State Government & aims to make it easier for Burnie residents to access services & activities that are of interest to them.

Websites & Facebook pages are indicated, where available, & will provide more detailed information on the service or activity.

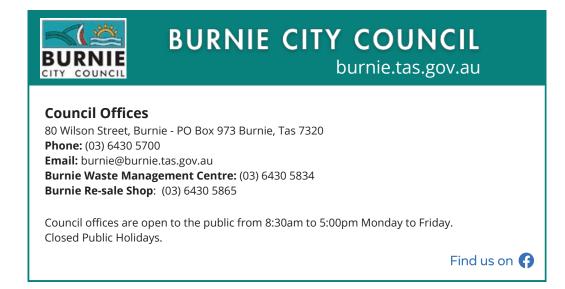
If you do not have access to the Internet or Facebook, Burnie Library, or the Community House in Shorewell, will provide the help that you need. The Library has a range of excellent services to help members of the community in all areas of reading & writing, & in using technology.

Volunteers are a critical part of making programs available, so consider how you might be able to help any of the great local organisations included here. Volunteers are encouraged to maintain the relevancy of this Directory & to participate in advocating for improved health & well-being initiatives. Refer Volunteering section.

You can also contribute to a healthy community by offering a lift to someone without transport, or just having a friendly chat with someone who is lonely.







SOCIAL ACTIVITIES

The Lounge

Presbyterian Community Hall 59 Main St Ulverstone <u>thelounge@newmornings.org.au</u> Mon. 1:30 — 4:30pm & Fri. 10am — 1pm Peer support for women living with, & isolated by, mental health issues &/or grief & loss.

Connect Café

Ulverstone Wharf, Gnomon Room 0419 594 907 Tue. 10am — 12pm Bringing people, with lived experience of Dementia, together for social connection.

Care Beyond Cure

carebeyondcure@gmail.com
0407 427 575
Visit website for more information
Visit Facebook Page
Fortnightly 4.5 hour social program for individuals
with any progressive life limiting illness - & their
family carers; Complementary therapies, Art & Music;
Arrive when you want, leave when you wish.

Red Cross

03 6431 1848 Visit website for more information Social Programs that match eligible participants with a volunteer to facilitate regular conversations &/or activities.

Aged Care Visiting Scheme: In an Aged Care facility or in a person's own home.

Telecross: Volunteer will call daily, or as required, to check on client well-being.

Telechat: Volunteer will make regular phone call to people who have difficulty getting out of the house & would benefit from a chat.

MATES Program: For persons 18+ diagnosed with Mental Health issues. After 30 September 2023, MATES will be offered via another provider.

Working It Out

2 Monthly Support Groups in Burnie 03 6231 1200

- Solution Visit website for more information
- F Visit Facebook Page

Pride Coffee (18+): Catch up casually to chat & share in local coffee shop Outspace (14–25): Bringing young LGBTIQ+ (& questioning) people together in a safe & inclusive space.

Somerset Community Hub

Vinnies Tasmania 43 Wragg St 03 6435 0022 f Visit Facebook Page

Dining With Friends: Fortnightly social lunch Wed. 12pm, Booking required.

Farm It Forward Tas: Provides a very wide range of practical & social activities Mon.—Sat. each week; Monthly Calendar available. Michelle: 0487 011 619 Visit Facebook Page

Men Care Too

mencaretoo.greg@gmail.com

- Visit website for more information
- **G** Visit Facebook Page

NW Mates: Support, Information Social Gatherings BBQs, Coffee Mornings, Social Walks, Resources.

Mr Perfect BBQ: Last Sunday of the month 11 am — 1 pm at Romaine Reserve.

Men's Table

Solution Visit website for more information Local, monthly safe space to share dinner & be heard in a confidential & non-judgemental environment. 2nd Tue. 6pm in Burnie.

Burnie Men's Shed

Wivenhoe Showgrounds Mon.—Fri. 9am—3pm 03 6431 0151 F Visit Facebook Page

Burnie Community House

24 Wiseman St
03 6433 3219
Supporting individuals/families in a number of practical ways.
Visit website for more information
Visit Facebook Page

Weekly programs include: **Garden Club:** Volunteers enable produce for community & cooking programs.

Curious Chefs: Develop skills & knowledge around food & health literacy.

Men's Community Hub: Thur. Morning meeting for cuppa & a snack.

Burnie CWA: social/craft group 2nd & 4th Sunday each month.
Visit website for more information
Visit Facebook Page

French Conversation on the Verandah: Social group meets each Tue.

Open Heart Meditation: To clear the mind & heart. Fri. at 1.30.

Kommunity Kids Program: Activity for parents & their kids. Play football or cricket, use bike track, grab a sausage or some soup. Wed. 3.30–5pm.

The Fairies Haven

240 Mount St, Upper Burnie 0417 380 268 Dance classes for children & adults with a disability on Sat. 10.30–11.15am during school terms. Craft & Social programs for children with disabilities & special needs & their family.

- Solution Visit website for more information
- F Visit Facebook Page

Youth Unlimited Program

New place-based youth development program by Burnie Community House. Provides learning through connection & participation. Details on website. 03 6433 3219

𝗞 Visit website for more information

Burnie School for Seniors

Burnie Sports Centre, Southwell St Tue. 10–12:30

<u>cruddrj@gmail.com</u>

Club speakers & guest speakers on a range of topics; social morning tea; new members made very welcome.

University of the Third Age (U3a)

Extensive range of interesting topics with member & guest speakers in a supportive social environment; registration details & timetable on websites.

Wynyard: Visit website for more information Central Coast Tas: Visit website for more information

Burnie Senior Citizens Club

Various social & indoor recreational activities. <u>burnieseniorcitizens@yahoo.com</u> 6 Jones St 03 6431 5017

Hatters To Go

Local 50+ fun/friendship ladies' group Merveen Rutherford: <u>rudd.2@bigpond.com</u> 0429 946 682 Visit Facebook Page

Silver Salties Penguin

Penguin SLSC

7-week program for older Australians Thur. 1.30pm Fun, social, walk, talk.

- Visit website for more information
- F Visit Facebook Page

North West Pride

A range of local social activities available to join.

- ✤ Visit website for more information
- **f** Visit Facebook Page

Coastal Arts Group

211 Mount St, Burnie
Gallery & Studio provide an avenue for artists to exhibit, learn, share & support each other.
Visit website for more information

f Visit Facebook Page

Leven Regional Arts

The Hive

50 Main St, Ulverstone Art Gallery; Open Workshop, Regular Classes

& Group sessions in diverse arts practices.

✤ Visit website for more information

Burnie Gemstones Club

Monthly meeting, tuition, field trips.

- ✤ Visit website for more information
- f Visit Facebook Page

Burnie Field Naturalists Club

Monthly meeting; field trips. Visit website for more information Visit Facebook Page

Burnie Garden Club

tassiesmith7@gmail.com 0415 846 624

Burnie Orchid Society

r&jhawley@bigpond.com 03 6435 2708

Central Coast Film Society

Ulverstone, Wed. 7pm Visit website for more information Visit Facebook Page

North West Film Society

Devonport, Wed. 7pm Solution Visit website for more information

Tango Tasmania NW

Social Dance Nights (Milonga) Lessons & Practice. Solution Visit website for more information

Rock n' Roll Classes

Forth Hall Tue. 6:45pm 0418 570 358 <u>kernig@bigpond.com</u>

Goddess Burlesque Company

goddessburlesque@outlook.com **f** Visit Facebook Page

Saturday Night Dance

Turners Beach Bowls Club Theo: 03 6424 8681

Cradle Coast Cloggers

Penguin: Mon. 6:30 Wynyard: Thur. 6:30 & Fri 9:30 J Visit Facebook Page

New Vogue/Old Time

Penguin jansaltmarsh@bigpond.com Jan: 0400 079 270

Line Dancing

Burnie: Mon. 6:30–8:30pm julierist@bigpond.com Julie: 0437 320 914

Penguin: Wed 9:30am—12pm jansaltmarsh@bigpond.com

Jan: 0400 079 270

Turners Beach: Tue. 6—9pm & Thur. 9:30am—2pm jackiemurfet@bigpond.com

Bootscootin Devils: Ulverstone

Tue. 6:30pm & Thur. 9:30am Deb: 0447 313 006 Visit Facebook Page

Ukelele (MUGS) Group

Ulverstone Thur. 10:30am Fun, social, "musical" J Visit Facebook Page

Tasmania Acoustic Club

Spreyton Sing, jam, play & support each other. Visit Facebook Page

Live Music Venues

Bar facilities Check meals with venue:

Live At The Wharf:

Ulverstone Fridays 5:30—7:30pm Dancing encouraged. J Visit Facebook Page

Jazz At The Wharf:

Ulverstone Bi-monthly, last Sun. 3—5pm J Visit Facebook Page

Communion Brewing Co. - Burnie:

Fri. & Sun. 4:30-7:30pm
Visit website for more information
Visit Facebook Page

Island State Brewing:

3 venues with live music across weekend.

- ✤ Visit website for more information
- F Penguin Facebook
- Ilverstone Facebook
- G Devonport Facebook

Burnie RSL

03 6431 3955 Open Wed.—Sat. for meals & occasional music. Visit website for more information Visit Facebook Page

Country Music

4 venues on NW Coast, featuring live artists from 1—4.30pm Enquiries: Linden: 0459 221 787 John: 0407 298 506

1st Sun: Wynyard Bottom Pub 2nd Sun: Cam Lodge, Somerset 3rd Sun: Senior Citizens Club, Burnie 4th Sun: E. Devonport Bowls Club Sat. Evening: 7—10:30pm Last Sat. in month: Cam Lodge, Somerset

Trivia Nights

Communion Brewing Co: Tue. 7pm Visit website for more information

Beach Hotel:

Wed. 7pm **f** Visit Facebook Page

YFCC Burnie

✤ Visit website for more information

f Visit Facebook Page

The Junction Hub:

Offers fun & engaging activities for teenagers throughout the year. 129 Wilson St 03 6431 9552

Local Clubs:

Refer to Recreation section to access links to a wide variety of local clubs that also offer social opportunities.

Children's Programs

Burnie Library:
Variety of regular & School Program activities.
03 6477 7400
Solution Visit website for more information

Burnie Child & Family Centre:

Has a play area & regular fun activities— check FB page 03 6430 4222

- ✤ Visit website for more information
- F Visit Facebook Page

Burnie City Council

Provides an extensive list of things to do & places to explore, including a monthly calendar of events happening in Burnie. Visit website for more information



RECREATIONAL OPPORTUNITIES

New Horizons Tas

0408 146 973 Dynamic local program that empowers individuals with a disability to access & enjoy sporting, recreational & social opportunities. Visit website for more information Visit Facebook Page

Reclink NW Tasmania

Sam Rubock, NW Coordinator: 0431 141 110 sam.rubock@reclink.org

Provides sport & recreational programs to disadvantaged Australians. Check FB for monthly calendar. Visit website for more information

f Visit Facebook Page

Disability Sports Australia

Overview & link to National Referral Hub. So Visit website for more information

Wheelchair Sports

Paraquad Tasmania - regular event in NW Tasmania S Visit website for more information

Burnie Archery Club

◦ Visit website for more information

F Visit Facebook Page

Loxton Archers

∞ Visit website for more information

Burnie Little Athletics Club

Penguin <u>secretary.blac@gmail.com</u> f Visit Facebook Page

Aussie Rules Football

PlayAFL: Visit website for more information Overview, Local Clubs.

Burnie Auskick:

f Visit Facebook Page

Burnie Basketball Association

f Visit Facebook Page

Basketball Tasmania

✤ Visit website for more information

NW Bird Club Tas

Wynyard S Visit website for more information

Bowls Clubs

Burnie Bowls Club:

- ✤ Visit website for more information
- F Visit Facebook Page

South Burnie Bowls Club:

- ✤ Visit website for more information
- f Visit Facebook Page

Ridgley Bowls Club:

- ✤ Visit website for more information
- F Visit Facebook Page

Somerset Bowls Club (indoor bias):

pauline.beamish@bigpond.com.au

North West Car Club of Tasmania

- ✤ Visit website for more information
- S Visit Facebook Page

Veteran Car Club Tas

f Visit Facebook Page

Canoeing

Cradle Coast Outriggers:

✤ Visit website for more information

Tasmanian Canoe Club:

- ✤ Visit website for more information
- f Visit Facebook Page

Burnie Clay Target Club

f Visit Facebook Page

Tasmanian Clay Target Association

✤ Visit website for more information

Cricket Tasmania

Overview of Local Clubs with FB access.

✤ Visit website for more information

City of Burnie Cycling Club

◦ Visit website for more information

f Visit Facebook Page

Ride Tasmania

Videos, maps, events. S Visit website for more information

North West Fly Fishers Club

◦ Visit website for more information

F Visit Facebook Page

Zodiac Gymnastics Club Burnie

✤ Visit website for more information

f Visit Facebook Page

Hockey Tasmania

Overview; 3 clubs in Burnie with FB access. S Visit website for more information

North Western Karting Club

Highclere: <u>secretarynwkc@gmail.com</u> **f** Visit Facebook Page

Kayaking

NW Walking Club:

✤ Visit website for more information

Tasmanian Canoe Club:

✤ Visit website for more information

G Visit Facebook Page

Cradle Coast Mountain Bike Club

- Visit website for more information
- **G** Visit Facebook Page

Burnie Netball Association

Visit website for more informationVisit Facebook Page

Remote Control Planes

North West Aeromodellers: Highclere Visit website for more information

Pistol Club

North West Pistol Club Tasmania: Devonport Visit website for more information

Roller Skating/Derby

Van Diemen's Rollers:
Tuition
♦ Visit website for more information
✔ Visit Facebook Page

Rugby

Burnie Emu's Rugby Club: Visit Facebook Page

Running Clubs

Coastal Running Club: 1.5–8 km runs Visit Facebook Page

Sole Mates:

Advice, buddies Svisit website for more information

Tasmanian Road Runners:

8-week program progressing to 5km run Svisit website for more information

Burnie Parkrun:

Walk/Jog/Run; Every Saturday; All Ages/Abilities Svisit website for more information

Soccer

Burnie United FC (Soccer) Playfootball:

G Visit Facebook Page

✤ Visit website for more information

Sailing

Burnie Yacht Club:

- ✤ Visit website for more information
- Visit Facebook Page

Sailing Tasmania:

Wynyard S Visit website for more information

Skating & BMX

Burnie Skate Park: Skateboarders, In-line Skaters, Roller skaters, BMX riders J Visit Facebook Page

Softball

Softball Australia: Svisit website for more information

Burnie Softball Association:

f Visit Facebook Page

Surf Lifesaving

Burnie Surf Lifesaving Club incl. Nippers Program:
Visit website for more information
Visit Facebook Page

Swimming

Burnie Aquatic Centre:

Learn to Swim, Fitness. S Visit website for more information

Masters Swimming Tasmania: Svisit website for more information

Burnie Masters Swim Club: Visit Facebook Page

Table Tennis

Burnie Table Tennis League:
Visit website for more information
Visit Facebook Page

Tennis

Burnie Tennis Club:
Visit website for more information
Visit Facebook Page

Volleyball

Volleyball Tasmania: Visit website for more information Burnie Volleyball Association: Visit Facebook Page

Walking

North West Walking Club: Solution Visit website for more information

Silver Salties:

Penguin SLSC Thur. 1:30 Social, Walk, Talk Social, Walk, Talk Visit website for more information Visit Facebook Page

Combat Sports

Police & Community Youth Club Burnie: Boxing; Karate; Ju Jitsu.

Solution Visit website for more information

Shen Academy:

Burnie Boxing; Karate; Mixed Martial Arts; Self-Defence. Visit Facebook Page

Shim Jang Taekwondo:

Burnie **f** Visit Facebook Page

Rhee Taekwondo:

Burnie Visit website for more information Visit Facebook Page

Tai Chi & Qigong:

Burnie S Visit website for more information

Men's Stretch Therapy Classes Online

silentlightyoga@ozemail.com.au

Heart Foundation Walking Program

Online program & support. Solution Visit website for more information

Stay Standing Program

Fall prevention-resources & exercises.

Get Moving

Resources & tools for improving health & well-being. S Visit website for more information

Bridge

Burnie Bridge Club: Solution Solution Solution

Camera Clubs

Wynyard Camera Club:

- ✤ Visit website for more information
- **G** Visit Facebook Page

Ulverstone Camera Club:

f Visit Facebook Page

Chess

Burnie Chess Club:

✤ Visit website for more information

F Visit Facebook Page

Scrabble

Ulverstone Scrabble Club: jhill03@bigpond.net.au

8-Ball & Snooker

Snooker:

Burnie Club **f** Visit Facebook Page

Realm of Gaming Burnie

Role-play/board gaming social club Visit Facebook Page

Laser Tag

Burnie - www.inthezonetas.com Solution Visit website for more information

Van Diemens Paintball Latrobe

0409 294 944
Visit website for more information
Visit Facebook Page

Harness Racing

Burnie Harness Racing Club:

Visit Facebook Page

Australian Harness Racing:

✤ Visit website for more information



ART & CRAFT ACTIVITIES

Burnie Arts Council

Activities Incubator; Supports Arts/Culture.

Burnie Arts

A varied range of events & performances are held regularly. Details on Burnie Arts Centre website/Facebook. Bookings & General Enquiries: 03 6430 5850 Visit website for more information Visit Facebook Page

Burnie Regional Arts Gallery:

Wed.—Fri. 10:00—4:00 03 6430 5850

Burnie Regional Museum:

Wed.—Fri. 10:00—4:00 03 6430 5746

Burnie Arts & Cultural Centre

Undergoing extensive redevelopment - when completed in 2024, will incorporate a café & information hub.

Friends of Burnie Regional Arts Gallery

03 6430 5850 arts@burnie.tas.gov.au

F Visit Facebook Page

Friends of Burnie Regional Museum

03 6430 5746 <u>fobrm@gmail.com</u> Visit Facebook Page

✤ Visit website for more information

Burnie Coastal Arts

Gallery & Studio; Mutual Support for Artists. Visit website for more information Visit Facebook Page

Leven Regional Arts

The Hive, Ulverstone Gallery, Workshops. So Visit website for more information Visit Facebook Page

Artscape Wynyard

Community Arts Space; Gallery. **F** Visit Facebook Page

Wonders of Wynyard

Heritage Museum; Art Gallery.

- ✤ Visit website for more information
- **G** Visit Facebook Page

The Watershed Big hART

Wynyard

Community Creative Arts Space.

- ✤ Visit website for more information
- F Visit Facebook Page

Contemporary Art Tasmania

Contemporary/Experimental Arts Platform. S Visit website for more information

RANT Arts

Devonport Regional Arts gallery; youth arts; well-being focus. Svisit website for more information

Unconformity Festival

Queenstown Biennial arts festival. Svisit website for more information

Ten Days On The Island

Annual arts program of events around Tasmania. S Visit website for more information

Cradle Coast Authority

NW Arts/Events strategy; Calendar of Events. S Visit website for more information

Contemporary Arts Research

Provides all types of contemporary visual arts advice, support & training. 0490 249 362

Arts.Research@yahoo.com

✤ Visit website for more information

Burnie Concert Band

Tuition; Seniors, Adults Junior Groups. **F** Visit Facebook Page

Burnie Highland Pipe Band

Piping Drumming; Tuition.

- ✤ Visit website for more information
- f Visit Facebook Page

City of Burnie Brass Band

Tuition, Instrument Hire; Adults/Juniors. S Visit website for more information

Sisit Facebook Page

Cradle Coast Orchestra

iosephine.riches@gmail.com Visit Facebook Page

Burnie Musical Society

del.polden@gmail.com f Visit Facebook Page

Burnie String-a-long Orchestra

After-school program. So Visit website for more information

Burnie E Musicians

Combined Primary School Band for Burnie.

Visit Facebook Page

Burnie Eisteddfod

All-age entrants in Speech & Drama, Music, Dance.
Visit website for more information
Visit Facebook Page

Hellyer Community Choir

Sacred Classical Music Sisit Facebook Page

Wynyard Chorale

4-part Harmony Singing.
 Visit website for more information

Segway Vocal Ensemble

Penguin jodie.murphy@decyp.tas.gov.au

North West Academy of Dance

Classes in various dance styles.

- **F** Visit Facebook Page
- ∞ Visit website for more information

Encore Performing Arts Studio

Group/Individual tuition. f Visit Facebook Page Visit website for more information

Reflexions Dance Studio

Tuition/Classes 2-adult

F Visit Facebook Page

✤ Visit website for more information

Goddess Burlesque Company

<u>goddessburlesque@outlook.com</u> **f** Visit Facebook Page

Burnie School of Irish Dance

burnieirishdance@gmail.com F Visit Facebook Page

Scottish Country Dancing

Burnie - www.folktas.org/dancing Svisit website for more information

Tango Tasmania NW

Lessons, Practice, Social Dance Nights (Milonga) Svisit website for more information

Slipstream Circus

Classes, Workshops, Programs.

- Visit Facebook Page
- ✤ Visit website for more information

DoMaur Theatre Productions

admin@domaurproductions.org.au

- **f** Visit Facebook Page
- Visit website for more information

Squid Theatre

squidinctheatre@gmail.com

- f Visit Facebook Page
- ✤ Visit website for more information

Ulverstone Repertory Theatre

03 6429 8900 Svisit website for more information

Visit Facebook Page

Burnie Historical Society

03 6430 5746 burniehistory@gmail.com

Wynyard Camera Club

f Visit Facebook Page

Ulverstone Camera Club

f Visit Facebook Page

Burnie District Gemstones Club

Weekly tuition & Field Trips

- Visit website for more information
- f Visit Facebook Page

Fellowship of Australian Writers NW Tas

Monthly Meeting Contact Allan: 03 6432 3672 Svisit website for more information

Burnie Men's Shed

Showgrounds Wivenhoe 03 6431 0151 Mon.—Fri. 9am—3pm 7 Visit Facebook Page

North West Woodcraft Guild

The Hive Ulverstone 03 6448 7108 Visit Facebook Page

Burnie Fairy Wrens

(auspiced by The Fairy Godmothers) Gender inclusive Crafting & Community group promoting new creative & crafting skills. Meetings on 1st Sun. 10am—2pm & 3rd Sun. 1—4pm The Fairies Haven, 240 Mount St, Upper Burnie <u>burniefairywrens@outlook.com</u> 0417 380 268

Farm It Forward Tas

A very wide range of craft, cooking, musical & gardening activities Mon.—Sat. Monthly Calendar events available. Somerset Hub - 43 Wragg St Contact Michelle: 0487 011 619 JVisit Facebook Page

Burnie CWA

2nd Sun. 12—4 (meeting/craft) 4th Sun. 1—3 (craft) So Visit website for more information ✔ Visit Facebook Page

Knitting for Charity Group

Enquiries - Burnie Library: 03 6477 7400

Embroiders' Guild of Tas

Burnie: 03 6435 2406 Contact: <u>janmargieson2@bigpond.com</u>

Penguin Village Stitchers

Rosemary Barrenger: 03 6442 2169

Weaving The Threads Craft Centre

Reseed Centre Penguin Svisit website for more information

Repair Café

Work with volunteers to fix & mend your stuff & clothes. Reseed Centre Penguin 1st Sun. 2—4pm Visit website for more information

Australia Lace Guild

Ulverstone 1st Sat. 10am—3pm % Visit website for more information

Handweavers Spinners & Dyers Guild

Ulverstone Dean: 03 6425 2181

Sea Eagles Spinners

Wynyard 28 Saunders St Fri. 10am—2pm f Visit Facebook Page

Hidden Talent Craft Group

Ulverstone Barbara: 0438 251 562

Cake Decorators Association Tas

secretary.northwest@cdat.org.au
 Visit website for more information
 Visit Facebook Page

Europa Poets Society

Burnie group enthused by poetry lakej1867@gmail.com

EDUCATIONAL OPPORTUNITIES

Burnie Library

30 Alexander St
03 6477 7400
Solution Visit website for more information

Comfortable surroundings & extensive resources provided for study; range of Computers, Newspapers & Magazines available in library & online via library membership card. Staff & Volunteers provide the following specific community programs:

- Literacy & Numeracy 1:1 support available to help with talking, writing & reading in English & with understanding & using maths & numbers.
- Digital Literacy Support 1;1 support available; group classes/tuition on effectively using of the full range of digital devices & available technology.
- Lifelong Learning Information Service for Careers & Hobbies
- Assistance with Family History, Local History, Searching Archives, Research
- Learning English
- 1:1 support or join a conversation group.
- Learner Driver Support to pass required initial test on computer.
- Children's Programs social & educational; School Holiday Program

TasTAFE

Range of courses available- in-class, online & combination options. Svisit website for more information

University of Tasmania (UTAS)

Range of courses available- in-class, online & combination options. So Visit website for more information

Future Learn

Large range of free online courses across a diverse range of subjects. So Visit website for more information

Massive Online Open Courses (MOOC)

Large range of free online courses across a diverse range of subjects. So Visit website for more information

University of Third Age (U3a)

U3a Online Courses:

Range of courses available for payment of small fee. Mentoring/feedback available on some courses. Svisit website for more information

U3a Wynyard:

Members & guest speakers cover a wide range of topics in a great social environment. Timetables & Registration details are available on websites. Visit website for more information

U3a Cradle Coast:

Members & guest speakers cover a wide range of topics in a great social environment. Timetables & Registration details are available on websites. So Visit website for more information

Burnie Regional Museum

Little Alexander St, Burnie Wed.—Fri. 10am—4pm 03 6430 5746 Svisit website for more information

Planetarium

Largest in Tasmania; every day at 2pm - fee payable

Science Centre

Focusses on local scientific successes. Located at:

The Hive

50 Main St, Ulverstone 03 6425 2839 Creative Arts Spaces Focus on local environment Ulverstone History Museum Community History Archives Open 7 days, 10am—4pm So Visit website for more information

Tasmanian Aboriginal Centre Burnie

53 Alexander St 03 6436 4151 S Visit website for more information

NW Community Legal Centre

Online information sheets on a range of legal issues; free one-off advice & referral service on legal matters. Visit website for more information

Legal Aid Tasmania

Online education hub that includes a series of short videos on various aspects of the law. So Visit website for more information

Women's Legal Centre

Community legal education sessions & workshops are provided. 03 6419 7050 Solution Visit website for more information

Tasmanian Fire Service (TFS)

Bushfire Protection Plan; Fire Permits. Solution Visit website for more information

Landcare Tas

Care for our land, coast, farms, towns, waterways, & wildlife. So Visit website for more information

YFCC Fit For Work Program

Additional support for 16–25yr. job seekers. S Visit website for more information

YFCC Career Connector Program

Personalised career advice, free training, practical supports & referrals for a wide range of eligible job seekers. Visit website for more information

Safe Haven Hub

Develops & supports pathways to education, training & employment for refugees & recently arrived migrants. 1300 938 081

◦ Visit website for more information

Burnie Child & Family Centre

Child health nurse, family safety officer, legal advice; parent groups & playgroups - check Facebook for updates of activities & programs. 36 Thorne St, Burnie 03 6430 4222 Visit website for more information

F Visit Facebook Page

Doorways to Parenting

Salvation Army Burnie Parenting Education Program - group or 1:1 education on parenting babies through to teenagers. Visit website for more information

Bringing Up Great Kids

Australian Children's Foundation - resources, information.

✤ Visit website for more information

Rostrum Burnie

Develop skills in public speaking & meeting procedure. So Visit website for more information

Farm It Forward Tas

Wide range of programs that develop practical skills in supportive environment Somerset Hub - 43 Wragg St Michelle: 0487 011 619 Visit website for more information

Australia Plants Society

Devonport - growing, promoting & protecting flora. S Visit website for more information

Burnie Orchid Society

Burnie Golf Club 7:30 1st Wed. of month 03 6435 2708 Visit website for more information

Reseed Centre

Fostering social connections & providing resources & workshops that further sustainability education. Penguin.

✤ Visit website for more information

S Visit Facebook Page

Working It Out

Information & support for individuals & families/friends regarding sexuality, gender identity &/or intersex status. 03 6231 1200

◦ Visit website for more information

Eat Well Tasmania

Promotes opportunities to eat healthy Tasmanian food. So Visit website for more information

eSafety Commissioner

Extensive range of resources to help you & your children to have more positive online experiences. So Visit website for more information

MENTAL & PHYSICAL HEALTH EDUCATION

FindHelpTas

Comprehensive information on all local health services. S Visit website for more information

Health.gov.au

Commonwealth

Government websites that provide information on a comprehensive range of health topics; how to access services; resources & supports available. Visit website for more information

Health.tas.gov.au

Tasmania

Government websites that provide information on a comprehensive range of health topics; how to access services; resources & supports available. Visit website for more information

Healthdirect.gov.au

24/7 health information & advice; online service finder & symptom checker, incorporating recommended action. 1800 022 222

◦ Visit website for more information

Healthy Tasmania

Listen & Learn Series; Eat Well; Move More; Be a Healthy Weight; Be Smoke-free; resources & tips incl. recommended apps. Visit website for more information

Tasmania Aboriginal Centre Burnie

Range of programs, support & advice.

No. 34 Aboriginal Health Service

Range of education & support services. S Visit website for more information

SANE

Focused on complex mental illness, SANE can provide information about treatments & advise on where to go for support. Online Guided Service providing free digital & tele-health services & ongoing tailored support to people over the age of 18 years with complex mental health needs & their families & carers. Helpline: 1800 187 263

✤ Visit website for more information

Beyond Blue

24/7 support & information around depression
& anxiety; resources; online peer support.
1300 224 636
Solution Visit website for more information

Flourish Tas

Peak body for people with a personal lived experience of mental ill-health. Provides information about mental health issues, holds regular forums & runs social activities where people can meet & share experiences & ideas. 03 6223 1952

✤ Visit website for more information

Mental Health Families & Friends Tas

Helps families & friends have their say & keep up to date with changes to mental health services in Tasmania.
Also run family & friend support groups Safe Spaces: Face to face & online.
03 6228 7448
Visit website for more information

Wellways Burnie

1300 111 400
40 Mount St, Burnie
Mon.—Fri. 8:30am—5pm
Visit website for more information
Wellways Burnie provides the following Mental Health
& Well-being Education & Support Programs:

Helpline: 1300 111 500 is a free volunteer support & referral service.

Stampede Stigma Group Workshop: to further understanding of MH issues.

Discovery Peer Learning Program: over 5 sessions that provides support to people to feel connected, empowered & more confident.

Child, Youth & Family Engagement Outreach Program: offers individual & group options & seeks to develop family supports & build resilience.

Wellways to Recovery Program: is an evidence based all-inclusive approach to working with people experiencing MH issues & their families & friends.

CORES

(Community Response to Eliminating Suicide) Visit website for more information Virtually free program offers the following workshops on a regular basis in Burnie:

Self-Care & Mental Well-being Workshop (2 hrs) Suicide Prevention Training Workshop (6 hrs) Providing An Inclusive Proactive Community for LGBTIQA+ People (6 hrs)

Mindfulness Australasia

Free courses to assist with depression, stress & anxiety. So Visit website for more information

Early Recovery Skills Program

For Alcohol & Other Drugs. Online support. S Visit website for more information

Turning Point

Online resources for treatment/support of addiction. So Visit website for more information

Conversations Matter

Resources for talking with people about suicide. So Visit website for more information

Butterfly Foundation

Resources/support for eating disorders. 1800 334 673 Visit website for more information

Dementia Support Australia

1800 699 799
24/7 support that is tailored to your needs by trained Dementia Consultants.
S Visit website for more information

Dementia Australia

Information Education Support. 47B Best St, Devonport. Svisit website for more information

UTAS Dementia Courses

3 free online courses, undertaken at own pace - Understanding/Preventing Dementia;
 Understanding Traumatic Brain Injury.
 S Visit website for more information

Equiplearning UTAS

Aged Care: series of free online 10 min. modules that assist with understanding the sector & issues confronting older Australians. Visit website for more information

Council of the Ageing Tas

Peak body providing extensive range of resources to support older Australians. Very informative fact sheets & Care Finder Program to help with accessing support via My Aged Care. 03 6231 3265 Visit website for more information

PalliHub

Palliative Care – online resources & support.

Stay Steady Program

Online resources & exercises for fall prevention. S Visit website for more information

Women's Health Tas

Information, workshops, webinars, counselling. So Visit website for more information

Men's Toolbox

Help with relationship challenges, family separation or family violence matters.
0487 746 045
Visit website for more information

Men's Resources Tas

Resources, events; coaching/mentoring pathways. So Visit website for more information

Man Up Tas

Resources & networking on men's health issues. So Visit website for more information

Doorways to Parenting

Case management - supporting parents to achieve their goals - accessing MH supports, navigating legal system, housing support. Svisit website for more information



Persistent Pain - Self Management

6 week program; 2.5 hrs per week 03 6477 7347 michelle.towle@ths.tas.gov.au

Cancer Council Tas

Comprehensive range of evidence-based resources. Advice & support on financial, legal & workplace issues. Online & face to face Wellness programs, including Mindfulness, Tai Chi & Yoga. CCT Supportive Care provides Outreach Program to the Burnie community. 03 6419 4200

◦ Visit website for more information

Anglicare Tas

51 Wilmot St, Burnie
1800 243 232
Visit website for more information
Look at our website, call in, or telephone to obtain
information & availability of Education & Training on:

- Blood-Borne Virus Awareness
- SMART Recovery
- Hepatitis C Clinics

Autism Tas

Information, Resources & Support. 03 6722 5000 Visit website for more information

Trauma Awareness Network

Information, resources on complex trauma. S Visit website for more information

VOLUNTEERING OPPORTUNITIES

Thousands of Tasmanians volunteer their time & talents to assist community groups in the running of a range of programs & activities. Without the assistance of volunteers, many of these would cease to exist.

Volunteering is a rich & rewarding experience, providing a range of benefits, including the following:

- The satisfaction of helping others
- Sharing your skills & teaching others
- Learning new skills
- The sense of community & friendship
- Meeting new people & making friends

State Emergency Service (SES) Tas

24/7 assistance provided to Tasmanians in need; work as part of a team of like-minded people, receive specialised training & acquire a wide range of nationally recognised skills. NW Regional Office 03 6477 7293 Visit website for more information

Ambulance Tas

Acquire a comprehensive range of skills to help care for people who are sick or injured; 2-day initial & ongoing training in Burnie. NW Regional Office 03 6477 7336 Svisit website for more information

Tasmanian Fire Service (TFS)

Adult, Cadet & Junior categories. Burnie – 50 Alexander St Ridgley – 994 Ridgley Hwy NW Regional Office 03 6477 7250 Svisit website for more information

Red Cross

- 𝗞 Visit website for more information on:
- Aged Care Volunteer Visitors Scheme
- MATES Volunteer Program
- Community Transport Driver
- Meal Delivery Volunteer
- Emergency Preparedness & Assistance to vulnerable community members
- Retail Shop Volunteer Customer Service, Merchandising.

St Vincent de Paul - Vinnies Burnie

7 Wilson St 03 6435 2323 S Visit website for more information

- Retail Shops & Warehouse Customer Service, Merchandising, Stock Control
- Food Vans Preparation & Serving of Food to those in need - Burnie & Wynyard
- Dining With Friends Fortnightly community meal at Somerset Hub, 43 Wragg St
- Providing Emergency Relief
- Variety of Volunteer Administrative roles

City Mission

Burnie Hub - 55 Mount St; 03 6432 2543 Visit website for more information Help to transform the lives of people in need- assist with community programs:

- City Kitchen Breakfast & lunch provided at small cost. Tue.—Fri. 9am—1pm
- Op Shop-retail
- Recycle/resale
- Warehousing/sorting
- Administration

NW Regional Hospital

03 6493 6000

◦ Visit website for information & form

Hospice Care Association of NW Tasmania

Improving the quality of the lives of people with life-limiting illnesses by providing social/ emotional support & companionship. Parkside Building, Strahan St 0418 127 590

◦ Visit website for more information

Care Beyond Cure

Volunteers encouraged to assist in fortnightly social/ therapeutic program in Ulverstone for individuals diagnosed with a life limiting illness & their carers. <u>carebeyondcure2@gmail.com</u> 0407 427 575

𝗞 Visit website for more information

- Com Com Cafe Fortnightly program in different locations to support those Living, Dying, Caring, Grieving
- Weavers Peer support program for carers of persons living with Dementia. Training is provided for former carers. For more details call 0417 713 291 or email, as above
- Tender Funerals Help us to make funerals Affordable, Meaningful, Beautiful

The Fairy Godmothers

Assist with events & activities that support children with disabilities & special needs; help to run The Fairies Haven, a small retail outlet offering a range of gifts & crafts. 240 Mount St, Upper Burnie 0417 380 268

◦ Visit website for more information

f Visit Facebook Page

Farm It Forward

Volunteering help to manage 3 gardens & 2 orchards, Produce used to provide support in the community. Michelle: 0487 011 619.

✤ Visit website for more information

Burnie Community House

24 Wiseman St, Shorewell Park
03 6433 3219.
Visit website for more information

Visit website for more information

Volunteers welcomed to assist in the following areas:

- Market Garden Farm & Kitchen Garden
 Fully maintained by volunteers
- Food Co-op & Food Security Initiatives
- Kitchen & Café Assistance

Driver Mentor Program - Supervised driving provided to those previously unable to obtain the necessary hours required to qualify for test & licence.

Suicide Bereavement Group

Volunteer Facilitator. If you have either lived experience of suicide bereavement or a compassionate supportive interest in helping people bereaved by suicide. Please get in touch for more information: Mary-Anne: 0477 883 985 mary-anne.burgess@lifelinetasmania.org.au

Burnie City Council

80 Wilson St, Burnie 03 6430 5700 Svisit website for more information

Information sessions on opportunities in assisting with these programs:

- Welcoming Cruise Ships
- Penguin Rehab & Release
- Emu Valley Rhododendron Gardens

Burnie Library

30 Alexander St, Burnie
03 6477 7400
Visit website for more information

Volunteers are sought for the following important community support roles:

- Basic Information Technology (IT) support
- Adult Learning Mentors
- Literacy/Numeracy Tutors
- Children's Programs
- Home Library Couriers

Create a Volunteer Position for Yourself

Start a Walking Group - Heart Foundation has a National Coordinator to help.

Update a section of this Directory, on a regular basis. Be part of a new community group that wants to improve Health & Well-being in Burnie.

Got an idea? Let's hear it. Contact Tim: 0498 012 757 <u>timothymc1951@hotmail.com</u> or Volunteer/ Suggestion box on ground floor of Burnie Library for updates of Directory & volunteer communications.

LOCAL COMMUNITY SUPPORTS

Refer separate listing for all Emergency & Helpline numbers.

Services Australia

Help with, & access to, Centrelink, Child Support,
Aged Care & Veterans' Services; online available.
23 Marine Terrace, Burnie
132 468
Visit website for more information

Service Tasmania

One-stop access to State Government transactions, services & information; online available. Link to locate Justice of the Peace & Commissioner for Declarations. 48 Cattley St, Burnie 1300 135 513 Visit website for more information

Salvation Army Safe Space Program

Safe overnight refuge & a range of support services provided to secure longer term accommodation & assist in other practical ways. 103 Wilson St , Burnie 03 6430 4100 So Visit website for more information

Warrawee Women's Shelter

Crisis Accommodation, providing a safe secure environment for women & children. Ulverstone 03 6425 1382 Solutione Visit website for more information

YFCC Burnie

129a Wilson St (rear)
03 6431 9552
So Visit website for more information

Junction Hub: Operates as a one-stop intake service for young people 12–24 yrs, seeking assistance or information; also, fun & engaging activities arranged throughout the year.

Youth Crisis Accommodation Service: Provided at Cooee 03 6431 9230

Headspace Burnie

Inc. Cornerstone Youth Services. 10 Mount St, Burnie 03 6408 0251 Non-crisis free Mental Health Counselling & Support for young people 18-25. Range of programs-call, drop in or visit website. Self-referral possible. So Visit website for more information

Wellways Burnie

Refer to Educational Health Section for well-being programs. Sisit website for more information

City Mission - Burnie

55 Mount St, Burnie Mon.—Fri. 9am—3pm 03 6432 2543 - for appointment % Visit website for more information

Emergency Relief Assistance:

Practical supports, advocacy & referrals..

City Kitchen:

Operates Tue.—Thur. 8am—1pm Baptist Church (rear) Free breakfast & 2-course lunch prepared by volunteers for a small donation.

Vinnies Emergency Relief Assistance

Mon.—Fri. 10am—2pm 03 6435 2323 - for appointment. Support to secure emergency assistance for transport & paying bills; NILS (No Interest Loans Scheme), budgeting support, advice, referrals.

Vinnies Soup Van

Provides hot soup, hot drinks, sandwiches, support & companionship.

Mon. & Thur. 6—6:25pm Community House, Wiseman St.

Mon. 6:30—7pm The Park, Aleeka Ct, Havenview

Thur. 6:30—6:55pm Marine Tce, Burnie.

Vinnies Somerset Hub

Dining With Friends:

Fortnightly, Thur. 12pm - booking essential. Community space offers a range of social & art/ craft activities in a friendly, supportive environment. 43 Wragg St, Somerset 03 6435 2323 Visit Facebook Page

ROC Community Food Hub

Burnie City Church

54 Wilmot St, Burnie

- Free Soup & Coffee Eat-In or Takeaway, Every Wed. 5-6pm
- You Matter Breakfast Sun. 9am

All in need are welcome

Chinese Methodist Church

32 Madden St 03 6433 0783 Dinner Tue. 6-7pm

Red Cross Delivered Meals

Provides a range of healthy & nutritious fresh & frozen meals, delivered to the door for eligible persons. 1300 661 291 So Visit website for more information

Red Cross Social Support Programs

Refer to Social/Transport sections of Directory.

Catholic Care- Burnie

108 Mount St, Burnie
03 6431 8555
So Visit website for more information

Provides the following:

- Communities for Children Program: support for families with children 0-12 yrs.
- Personal, Family & Relationship Counselling to assist with a range of issues.
- Building Up Dads: a group program to assist in being more child-focussed.
- Family Law Counselling: help with issues about separation & children.
- Post-Separation Co-Parenting Program-Between 2 Homes; relevant assistance

- Safe Choices; non-crisis service that provides advice & practical support.
- Emergency Relief; assistance with providing necessities & paying bills.

Anglicare Tas

51 Wilmot St, Burnie 1800 243 232

connectsupport@anglicare-tas.org.au

✤ Visit website for more information

For enquiries & to make appointments for:

- Gamblers' Help Counselling
- Child & Youth Mental Health Service
- Reconnect Youth Service
- Supported Youth Program
- Parenting Support programs
- Kids in Focus
- NW Early Start Therapeutic Support (NESTS)
- Family Violence Counselling (RAIN)
- Alcohol & other Drugs Counselling, support, referrals Helpline: 1800 161 266 Mon.—Fri. 9am—5pm
- Financial Counselling Helpline 1800 007 007 Mon.—Fri. 9am—5pm
- Needle & Syringe Program 51 Wilmot St, Burnie 1800 243 232 Mon.-Fri. 10am-2:30pm

Download the NW Services Booklet: www.anglicare-tas.org.au/download/9899/

Rural Health Tas

192 Wilson St, Burnie
03 6411 1870
Solution Visit website for more information

Offers these programs:

- Chronic Conditions Management
- Mental Health Support & Counselling
- Mental Health Nurse Access Program
- HIPPY (Pre-school) Home Intervention Program for Parents & Youngsters

Cancer Council Tas

4/45 Best St, Devonport 03 6419 4200

- ✤ Visit website for more information
- CCT Supportive Care provides face to face, email & telephone psychosocial support for those impacted by cancer
- Comprehensive range of practical supports & advice on financial, legal & workplace issues
- Wellness Programs
- Facilitated Support Groups
- 1:1 Peer Connect Programs
- Outreach service to Burnie to offer support in the community & NW Regional Hospital.

Housing Connect Tas

1800 800 588; 24/7; after-hours service operates outside of Mon.—Fri. 9am—5pm. So Visit website for more information

Anglicare office at 51 Wilmot St is the local office & will assist with assessments & applications on Mon.—Fri. drop-in service available. Appointments between 9am—11 & 1pm—4pm

Smart Recovery Program - Anglicare

Support for anyone affected by the addictive behaviour of someone close to them. Jasmine: 0418 255 703 Visit website for more information

The Bridge Program - Salvation Army

03 6425 7453 Svisit website for more information

- Alcohol & Other Drugs Support
- Counselling & Intervention
- Facilitated Group Work
- Day & Residential Programs
- Stay Connected-After Care
- Family Engagement program

Alcoholics Anonymous

Baptist Church 57 Mount St, Burnie Mon. 12:30pm, Fri. 7:30pm Visit website for more information

Laurel House

Sexual Assault Support:

Burnie office 03 6431 9711 to make appointment 24/7 Support available - Call 1800 697 877 So Visit website for more information

Suicide Bereavement Group

Ulverstone Neighbourhood House 8 Lugana Cres, West Ulverstone 5:30—7:30pm (2nd Tues in month) <u>mary-anne.burgessfal@lifelinetasmania.org.au</u> Mary-Anne: 0477 883 985 Please contact us if you are looking for help, support, connection & information following the loss of someone to suicide.

Autism Tas

Burnie office Resources, support, referrals 03 6722 5000 Svisit website for more information

Care Beyond Cure

0407 427 575 <u>carebeyondcure2@gmail.com</u> Visit website for more information

- Fortnightly 4.5 hour program for those with a life limiting illness & carers
- Fortnightly café catchup to support Living, Dying, Caring, Grieving issues
- Weavers peer support program for carers of persons living with Dementia

NW Community Legal Centre

Free **one-off** advice & referral legal service available to all residents. Appointments available at Burnie Community House 24 Wiseman St. 56 Formby Rd, Devonport 03 6424 8720 Solution Visit website for more information

Legal Aid Tas

Legal advice, representation, family dispute resolution service & legal education. 50 Alexander St 03 6432 5000 Svisit website for more information

Women's Legal Service Tas

Provides legal information & support on any legal matter to clients who are experiencing, or have experienced, family violence. 60A Wilmot St, Burnie 03 6419 7050 S Visit website for more information

Knowmore Legal Service

Providing free assistance to survivors of child sexual abuse to navigate legal options & a comprehensive range of support services; Aboriginal Engagement Advisors available. 1800 605 762

Visit website for more information

Mission Australia

NDIS Local Area Coordination: Helps people with disability to understand & access the NDIS: also, create, implement & review their NDIS support plan. Level 2, Harris Building - 51 Cattley St 03 6420 6850 ✤ Visit website for more information

Hospice Care Assoc. NW Tas

Volunteers provide in-home respite & social/ emotional supports to clients (& their families) who are living with a life-limiting illness. Mon.—Fri. 8:30am—4pm 03 6477 7747 hospice.burnie@ths.tas.gov.au ✤ Visit website for more information

Care2Serve

Counselling & practical support to assist all carers in their role; includes respite & financial assistance. 10 Strahan St 1800 422 737 Visit website for more information

Integrated Family Support Service

Program to improve the well-being & safety of children, young people & families. Build positive family relationships. 1800 000 123 Mission Australia, 51 Cattley St, Burnie S Visit website for more information

Community Kinship Program

Program to assist Informal Kinship Carers who have taken on the primary care of a child. Mission Australia 03 6420 6800

✤ Visit website for more information

Council of the Ageing Tas

Resources, advice & support to access the range of home care supports available through My Aged Care; NW Tas Care Finder support worker available. 03 6231 3265

✤ Visit website for more information

Burnie Community House

24 Wiseman St. Shorewell 03 6433 3219 ✤ Visit website for more information **G** Visit Facebook Page

Wide range of supports provided to the community, including the following:

- Community Co-op: Fresh vegetables & pantry items available at low cost.
- Curious Chefs: Develop skills & knowledge around food & health literacy.
- **Open Heart Meditation:** clear the mind & the heart; every Fri. at 1:30pm.
- No Interest Loans Scheme (NILS): loans up to \$1500; call 1300 301 650 to obtain information pack & then call 03 6433 3219 to make an appointment.
- Assistance with Computers: Call 03 6433 3219 to make an appointment. Assistance also available through Burnie Library - Call 03 6477 7400.
- ▶ Kommunity Kids: Social program for parents & their kids; Wed. 3:30-5pm.
- Kommunity Kids Bike Kitchen: Volunteers repair, & make safe, kids' bikes
- Needle Syringe Program: As secondary provider - to Anglicare - distribute fit packs & other injecting equipment. Also provides referrals.

The Fairy Godmothers

Offering assistance to purchase equipment & resources for children with disabilities, special needs & medical conditions. Craft, dance & social programs for children with disabilities & special needs & their family. 0417 315 133

enquiries@thefairygodmothers.com.au

🗞 Visit website for more information

Youth Unlimited Program

A new place-based youth development program that provides learning through connections & participation. Details on the Burnie Community House website. Enquiries: 03 6433 3219

Learner Driver Support

Burnie Library: 03 6477 7400 Provides 1:1 assistance to successfully meet the requirements of the computer test on road rules. **Burnie Community House:** 03 6433 3219 Offers supervised driving to those who have no other means to achieve the required number of driving hours.

Community Meeting Spaces

Burnie Library 03 6477 7400 & Burnie Community House 03 6433 3219 have wellequipped meeting facilities available for hire.

Services Australia Financial Assistance Service

Advice on benefits, superannuation, retirement. Videos, webinars, personal appointments. 132 300 Visit website for more information

Farm It Forward Tas

Varied range of practical activities in a supportive social environment. Mon—Sat. Somerset Hub - 43 Wragg St Contact Michelle: 0487 011 619 Svisit Facebook Page

Burnie Library

30 Alexander St
03 6477 7400
Solution Visit website for more information

- Support & tuition in accessing & using computers & other digital devices.
- 1;1 support in reading, writing & maths.
- English conversation group for migrants. Home book delivery service by volunteers for eligible persons.

Burnie Child & Family Centre

Social worker, family safety officer, child health nurse, legal advice, support for parents. 36 Thorne St 03 6430 4222

✤ Visit website for more information

Visit Facebook Page

Doorways to Parenting

Program to support vulnerable & at-risk families; group education programs & individual counselling. 03 6424 4416

∞ Visit website for more information

Relationships Australia Tas

Provides wide range of counselling & support programs for individuals & families. Devonport office: 1300 364 277 Solution Visit website for more information

Advocacy Tas

<u>contact@yoursaytas.org</u> 1800 005 631 Svisit website for more information

- Local workers
- Helping you to be heard & understood
- Helping you to deal with problems or complaints in a range of situations.
- Elder Abuse Helpline: 1800 441 669

Migrant Resource Centre

Periodic Outreach Service - Capacity building for CALD families & communities of people living with a disability. CALD gambling education support & referral services. 1800 572 586

✤ Visit website for more information

Safe Haven Hub - Catholic Care

Outreach service to Burnie Develops & supports pathways to education, training & employment for refugees & recently arrived migrants. 1300 938 081

✤ Visit website for more information

Burnie City Council

Information on living in Burnie & the range of services provided. Map of public toilets available around Burnie. Extensive calendar of events happening in Burnie each month. 80 Wilson St, Burnie 03 6430 5700 % Visit website for more information

Career Connect Service

Targeted support for eligible persons to reengage with work, education & training. 03 6431 9952

✤ Visit website for more information

Joblink Tas

Tailored support for eligible jobseekers 45+ 03 6432 3211

𝗞 Visit website for more information

Fit For Work Burnie

Additional supports for 16–25 year jobseekers. Project worker assists in all aspects of being work ready. 03 6431 9952

✤ Visit website for more information

Tas TAFE

Fee free for studies in some priority industries.
1300 655 307
Visit website for more information

Job Ready Fund

Up to \$750 available for eligible jobseekers to assist in being job ready; equipment, training, registration, etc. 1800 151 331

✤ Visit website for more information

Home Care Careers

Online enquiry/registration. Govt. initiative to improve recruitment & training in an industry designated as being very high priority. Visit website for more information

Independent Living Centre

Specialist advice on all aspects of living independently at home, including continence issues. Launceston 1800 935 483 Svisit website for more information

Priority Plus

Wide range of equipment & products that assist with living independently in the community.
1 Edwardes St, South Burnie
03 6431 7752
So Visit website for more information

Transport

Refer separate listing for all services & available supports.



EMERGENCY & HELPLINE PHONE NUMBERS

24/7 ACCESS

EMERGENCY ONLY:

AMBULANCE, FIRE, POLICE	
State Emergency Service: Flood or Storm Damage	
Lifeline: Anyone having a personal crisis	
Suicide Call Back Service: Anyone thinking about suicide	
Sexual, Domestic & Family Violence: Counselling & Support	1800 RESPECT
Health Direct: Speak with a Health Professional	

OTHER

Access Mental Health Services	
Child Safety or Welfare Concerns	
A Tasmanian Lifeline - Tasmanians supporting Tasmanians	
Housing Connect - Assessments, applications, assistance	
Kids Helpline - Youth Support	
Alcohol & Drugs Helpline - Counselling, support, referrals	1800 161 266
Beyond Blue- Support around Anxiety & Depression	
Stand By Support After Suicide	
Q Life - LGBTIQIA+ Support	
Mensline - Support for Men	
Parent Helpline	
Elder Abuse Helpline	
First Nations Support	
Translating & Interpreting Service	
National Debt Helpline - Financial Advice	
Gamblers Helpline	
Open Arms - Veterans' Support	

LOCAL MEDICAL FACILITIES

NW Regional Hospital

Incorporates Spencer Clinic, Cancer Support & Well-being Centre. 23 Brickport Rd, Cooee 03 6493 6000 Svisit website for more information

Burnie Community Health Centre

11 Jones St, Burnie
03 6477 7350
Solution Visit website for more information

North West Private Hospital/ Rivendell Clinic

03 6432 6000 21 Brickport Rd, Cooee

North West Pathology

Locations: 21 Brickport Rd 10 Marine Tce 1—3 Reeve St 52—56 Bass Hwy, Cooee 33 Falmouth St, Somerset

03 6430 8800 Sisit website for more information

i-Med Radiology

03 6421 8800 21 Brickport Rd

Bass House Surgery

83 Wilmot St, Burnie 03 6431 3244

Burnie General Practice

35—37 Mount St, Burnie 03 6431 7708

City Medical Practice

10 Marine Tce, Burnie 03 6431 6511

Tasmanian Family Medical/ Southside Clinic

1—3 Reeves St, South Burnie

Burnie GP Super Clinic

03 6433 9999 52—56 Bass Hwy, Cooee

Somerset Medical Centre

33 Falmouth St, Somerset 03 6435 1421

Family Planning Tasmania

199 Mount St, Upper Burnie 03 6431 7692

TRANSPORT

Emergency Ambulance Assistance Dial 000

Non-emergency Ambulance Transport only available via Health Service.

Patient Transport Assistance Scheme (PTAS)

Reimbursement of travel/accommodation costs to attend hospital/medical appointments in Launceston & Hobart, where no local service is available. Forms available online, from your GP & PTAS office, Parkside Building Strahan St. Visit website for more information

Subsidised Community Transport Options

For eligible Aged/Disabled persons who are registered with My Aged Care. Call 1800 200 422 - or via NDIS

Community Transport Service Tas (CTST)

Medical appointments/social.

Red Cross Transport Services Tas

Medical appointments/social.

Cancer Tas

Free transport for eligible Cancer treatment appointments. So Visit website for more information

Hospice Care Association of NW Tas

Providing transport free of charge for Hospice clients to medical appointments. Visit website for more information

Transport supports are eligible services under:

- My Aged Care Home Care Packages.
- Visit website for more information

NDIS Support Plans.

✤ Visit website for more information

Area Connect

Advice & flexible transportation assistance, where other options are not available, to improve connection to Employment & Training Opportunities, Community & Public Transport. 1300 651 948

✤ Visit website for more information

Public Transport Options

All are wheelchair accessible; concessions available:

- Metro Tas: Covers Burnie network & Wynyard/Ulverstone
- Merseylink: Covers Ulverstone, Devonport, Latrobe, Sheffield
- Tas Redline: Burnie/Stanley/Smithton; Devonport to Launceston/Hobart
- ▶ Tassielink: Burnie/West Coast
- Taxi Subsidy Program:
- Visit website for more information
- Disability Parking Permit:
- ✤ Visit website for more information
- Service Tas: Provides forms or speak with GP, who must authorise.

Burnie Taxis

131 008

Uber

Install mobile application/visit website.

Service Tas

Provides forms - also available on website - for the following programs: Your GP will need to confirm eligibility & sign form.

Taxi Subsidy Program:

✤ Visit website for more information

- Disability Parking Permit:
- Visit website for more information

LOCAL CLUBS/GROUPS

Rotary Club of Burnie Visit website for more information

Rotary Club of Burnie West

✤ Visit website for more information

Rotaract Club of Central Coast

f Visit Facebook Page

Burnie Probus Club (Men)

✤ Visit website for more information

Ladies Probus Club of Burnie

♦ Visit website for more information

Emu Bay Probus Club (Mixed)

✤ Visit website for more information

City of Burnie Lions Club

✤ Visit website for more information

Emu Bay Lions Club

♦ Visit website for more information

Penguin Leos Club Visit Facebook Page

Zonta Club of Cradle Coast

F Visit Facebook Page

Soroptimist International of Burnie

- Visit website for more information
- **f** Visit Facebook Page

Country Women's Association Burnie

F Visit Facebook Page

Burnie RSL Club

f Visit Facebook Page

Burnie Club

f Visit Facebook Page

Burnie School for Seniors

Refer to Social section.

U3a Wynyard

Refer to Social section. S Visit website for more information

U3a Cradle Coast

Refer to Social section. S Visit website for more information

CHARITY/THRIFT OUTLETS

Mission Shop 2 Alexander St, Burnie

Red Cross Shop 35 Wilmot St, Burnie

Salvos Thrift Shop 5 Ladbroke St, Burnie **Vinnies Burnie Shop** 41b Cattley St, Burnie

Vinnies Upper Burnie Shop 252 Mount St, Burnie

Burnie Tip Shop 289 Mooreville Rd , Mooreville

Donating Items

Take your bag(s) of saleable clothing, bric a brac, toys, books, etc. into a charity shop & ask a staff member where they would like you to leave them.

It is always best to ensure the items you donate are of a quality that you would be happy to purchase.

Volunteering

Most charity shops are always in need of more volunteers to operate effectively.

If of interest, call into a shop, visit the charity's website or call their Burnie office.



LOCAL CHURCHES

Burnie Anglican Church

03 6431 2780 52 Mount St, Burnie Visit website for more information

Burnie Baptist Church

03 6431 4446 57 Mount St, Burnie Visit website for more information

Coastlands Baptist Church

03 6431 8165 43 Mace St, Montello Visit website for more information

Burnie City Church

03 6400 1057 54 Wilmot St, Burnie Visit website for more information

Lifehouse Church

0460 801 566 30 Main Rd, Wivenhoe Visit website for more information

Romaine Park Christian Church

03 6433 0519 5 Ruhamah Ct, Romaine Visit website for more information

Burnie Gospel Hall

03 6435 4642 105 Wilson St, Burnie Visit website for more information

Burnie Lutheran Church

03 6433 4004

14 Mooreville Rd

◦ Visit website for more information

Chinese Methodist Church

03 6433 0783 32 Madden St f Visit Facebook Page

Salvation Army

03 6430 4100 99 Wilson St, Burnie % Visit website for more information

Seventh-day Adventist Church

0497 299 449 85 West Park Grove Visit website for more information

Church of Latter-day Saints

0404 099 327 Medbury Cres Svisit website for more information

St Mary's Star of the Sea Catholic Church

03 6431 2216 96 Mount St, Burnie % Visit website for more information